



Almond Chopped Salad

- ¼ cup extra virgin olive oil
- 1 tablespoon balsamic vinegar
- 1 teaspoon Dijon mustard
- ¼ teaspoon salt
- ¼ teaspoon freshly ground black pepper
- 4 cups chopped radicchio
- 4 cups chopped iceberg lettuce
- 2 cups diced fresh tomatoes
- 1 cup diced red onions
- ½ cup chopped chives
- ¼ cup crumbled blue cheese
- ¼ cup Almond Accents® Oven Roasted Toasted Sliced Almonds



Preparation Time : 10
minutes

In large bowl, whisk together oil, vinegar, mustard, salt and pepper. Add radicchio, lettuce, tomatoes, onions, chives and cheese. Toss gently until evenly coated with dressing. Divide salad among 4 plates. Sprinkle with Almond Accents.

Serves 4.

Nutrition Information Per Serving: 252 calories; 4 g fat; 6 mg cholesterol; 239 mg sodium; 13 g carbohydrate; 4 g fiber; 5 g protein

For more great recipe ideas, visit www.almondaccents.com.